

# Salt and Light

Matthew 5:13-16

(series #22)

**Intro:** the importance of being distinct from the world  
- Ephesians 4:17; 1<sup>st</sup> Peter 4:3

## I. The Illustration of Salt v. 13

- A. The “you” is emphatic - “you and you alone”
  
- B. The implications of being salt
  - 1. Salt adds flavor
  - 2. Salt preserves
  - 3. Salt creates a thirst

## II. The Illustration of Light vv. 14-16

- A. Ephesians 5:8
  
- B. 1<sup>st</sup> Peter 2:9

## III. The Practical Ways We Can Be Salt and Light

- A. By living out the Beatitudes vv. 3-9
  
- B. By living with a positive spirit - Phil. 2:14-16a
  - 1. The command v. 14
    - a. Without complaining
    - b. Without arguing
  
  - 2. The reasons
    - a. So we can grow to be mature
    - b. So we can stand out as different
    - c. So we can hold out the Word

**Concluding applications:** Are you being salt and light?