

The Pathway to True Happiness

Matthew 5:1-12

Introduction: Solomon's pursuit of pleasure and happiness

Eight Characteristics of True Happiness According to Jesus

1. Blessed are the poor in spirit (v. 3)
2. Blessed are those who mourn (v. 4)
3. Blessed are the meek (v. 5)
4. Blessed are those who hunger and thirst for righteousness (v. 6)
5. Blessed are the merciful (v. 7)
6. Blessed are the pure in heart (v. 8)
7. Blessed are the peacemakers (v. 9)
8. Blessed are those who are persecuted (vv. 10-12)