

10 Choices that Will Transform Your Life Forever

#5: Choose to Trust

I. Introduction

- Life is all about choices
- Some people ride the “Blame Train”
- Our past influences us, but it doesn’t determine us

II. The Command (Matthew 5:25)

- Do not worry!
- Do not be consumed by temporal needs

III. The Illustrations (Matthew 5:26-30)

- Birds of the air; lilies and grass of the field
- Worrying accomplishes nothing
- The more we worry, the more worried we become
- Worrying is a major strike against the character of God
 - 1.) We dishonor God
 - 2.) We defame God

IV. The Exhortation (Matthew 5:31-34)

- Worrying is characteristic of unbelievers
- Believers should focus on the kingdom, not worries of the future
- NASB “Each day has enough trouble of its own”

V. Conclusion

- We all need to take this issue seriously!