

It Really Is All About Me: A Sure Cure for Discouragement

Psalm 42

First Causes of Discouragement

- vv. 1-4

Faithful Cure for Discouragement

- v. 5
 - Introspective questions
 - Inevitable answers

Further Causes for Discouragement

- vv. 6-10

Final Cure for Discouragement

- v. 11

Conclusion: Psalm 63