

# **Checking Your Spiritual Temperature**

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**Galatians 5:16-23**

## **I. The Challenge to Walk in the Spirit – v. 16**

## **II. The Conflict of Walking in the Spirit – vv. 17-18**

## **III. The Consequences of Not Walking in the Spirit – vv. 19-21**

## **IV. The Characteristics of Walking in the Spirit – vv. 22-23**

- A. Love
- B. Joy
- C. Peace
- D. Longsuffering
- E. Kindness
- F. Goodness
- G. Faithfulness
- H. Gentleness
- I. Self-Control