

It Comes Out of the Heart

Mark 7:14-23

(series #32)

Introduction: the prayer of David in Psalm 51:10

I. The Instruction of the Multitude vv. 14-16

- A. Jesus called them together
- B. Jesus stated the spiritual principle

II. The Question of the Disciples vv. 17-18

- A. They still didn't understand
- B. They should have grasped this by now

III. The Explanation from Jesus vv. 19-23

- A. Food can't contaminate your spirit/soul
- B. What comes out of the heart can defile
- C. Sinful words and actions defile a person

Conclusion: Words/actions can reveal a heart problem