

11. Moses was worn out physically, he was worn out emotionally, and as a result he became what?
12. How far had Elijah ran just before he prayed to die?
13. Who was he running from?
14. Who really ran things, Ahab or Jezebel?
15. Though Elijah was worn out physically, unlike Moses with his people problem, Elijah had what kind of problem?
16. Does Elijah really want to die?
17. After Jonah preached the message of repentance to Nineveh, he was what?
18. Moses had a people problem, Elijah had a pity problem, and Jonah had what kind of problem?
19. Why was Jonah pouting?
20. How did Jonah respond when God exercised his sovereignty?
21. What had each of these men placed their eyes upon?
22. The point of studying these three prominent prophets of God is that no one is what?
23. We get discouraged when we take our focus off the Lord and put it on what?
24. When did each of these men get discouraged? In other words, (Discouragement) happened after a great what?
25. Moses had experienced the great miracles of what?
26. Elijah had just defeated who on Mount Carmel?
27. Jonah had witnessed the greatest what (in the history of the world)?
28. After great spiritual strides, who often moves in to discourage us?
29. What was God's solution to Moses' problem?
30. In language that we can understand, what did God do for Elijah?
31. What is sometimes the most practical thing to do when we are discouraged?
32. What did God do to refresh Jonah?
33. Why did God remove the plant that grew up over Jonah?

34. One of the things that we as Christians may need to do, is learn to say what when it comes to unnecessary things?
35. Not only must we learn to say, “no”, but we must also get our focus off of what?
36. In dealing with discouragement and burnout, the physical solution isn’t enough. The reason for rest is so we can gather our thoughts and focus where?
37. God’s cure for discouragement is to place one’s focus where?

Remember: Your responsibility, by God’s enabling, is to consistently apply the divine principles and truths you have heard (Philippians 2:12-13; I Timothy 4:7-9; James 1:22-27). As you meditate on this message, ask yourself these questions:

- »»How does God want my beliefs/actions to change?
- »»How can I accomplish this change?
- »»What is the first step toward bringing about this change?

(A CD or DVD of this sermon is available. Order forms are located in the Resource Center in the church in the middle entrance or by the library window next to the stair well going upstairs.)

SOME CURES FOR DISCOURAGEMENT

Selected Scriptures

The following are questions designed to facilitate greater learning and deeper understanding of spiritual truths presented in the sermon **“Some Cures For Discouragement.”** All of the questions are answered as the sermon is presented. We hope that it will be a catalyst to spiritual growth in your life.

1. Have you ever thanked God for unanswered prayer?
2. In Numbers 11, Moses told God that if He cared about him He would do what?
3. What did both Elijah and Jonah ask God to do to them?
4. Moses, Elijah, and Jonah were struggling with what when they asked God to kill them?
5. What part of you is the “real you”?
6. Being unhealthy spiritually can often affect what?
7. When you get run down physically, that can affect what?
8. What describes the group of people that Moses was trying to lead?
9. Why did Moses become debilitated?
10. Moses had a _____ problem.

To help protect the quality of recording the sermon, we ask that you quietly turn to the inside of this study guide. Thank you!