

# Some Cures for Discouragement

## Selected Scripture

### **I. The Spiritual and Physical Condition of 3 O.T. Saints**

- A. Moses - Numbers 11:15
- B. Elijah - I Kings 19:4
- C. Jonah - Jonah 4:3, 8

### **II. The Causes for Their Condition**

- A. The Problem for Moses - People
  - 1. Numbers 11:1-2
  - 2. Numbers 11:11-14
- B. The Problem for Elijah - Pity
  - 1. The Victory on Mt. Carmel - I Kings 18
  - 2. The Vice of Jezebel - I Kings 19:1-4
- C. The Problem for Jonah - Pout
  - 1. The Encounter with the Great Fish - Jonah 1:17
  - 2. The Experience of Preaching to Nineveh - 3:3

### **III. The Cures for Their Condition**

- A. The Cure for Moses - Numbers 11:16-17
- B. The Cure for Elijah - I Kings 19:4-8
- C. The Cure for Jonah - Jonah 4:1-11

### **IV. The Cure for Discouragement - Mark 6:31; Heb. 12:3**