

# **Fond Memories**

Philippians 1:3-5

Introduction:

Contentment and joy can be learned - Philippians 4:11

Joy and sorrow are not mutually exclusive

John 11:33-38 , 12:27 ; Isaiah 53:3-4

John 15:24

Hebrews 12:1-2

## **I. Joy from Remembering the Good in God's People v. 3**

## **II. Joy from Interest in the Well-being of Others v. 4**

A. The Issue of Adversity

B. The Issue of Selflessness - Philippians 2:1-4

## **III. Joy from Fellowship that Comes from Serving v. 5**

A. Philippians 4:17

B. III John 4