## **FAITHFULNESS**

The word for "faithfulness" in Galatians 5:22 means to "win over" or "to persuade." Faith, or faithfulness, as produced by the Holy Spirit, is a firm persuasion and conviction. It is a belief and confidence in the person of God and His revealed Word such that it brings forth holiness, obedience, and good works. Contrary to faithfulness are unbelief, disobedience, and ungodliness.

FAITHFULNESS in the heart says things such as . . .

"I want to be diligent in all things."

"I believe and trust in God even if I don't understand my situation."

#### FEAR OF GOD

To fear God means to revere, esteem, and respect Him. The fear of God includes the realization that God is so different from mankind that He is incomparable to anything our finite mind can comprehend. The fear of God is not a fear that causes us to run from Him, rather it is a reverence of His person so that it generates utter humility and love. To fear God is to have both awe and delight in His being so that it produces holiness, trust, obedience, and worship.

"I want to obey God's Word even if others do not." "I want to trust in and put my hope in God."

FEAR OF GOD in the heart says things such as . . .

"I love Him and want to worship Him with my life."

## **GOODNESS**

GOODNESS in the heart says things such as . . .

"I want to help human need."

"I want to serve others."

"I seek to do good works."

Goodness is an active expression of benevolence toward others that is produced by the Holy Spirit. It is a love that motivates us to serve others and help human need. Goodness is similar to kindness, but kindness is the heart attitude behind the good works whereas goodness is the act of good works. Goodness does manifest itself in gentle correction of others for their benefit. Contrary to demonstrating goodness is doing evil or harm.

#### HUMILITY

HUMILITY in the heart says things such as . . .

"I will submit my will to God's Word and obey through His enabling strength."

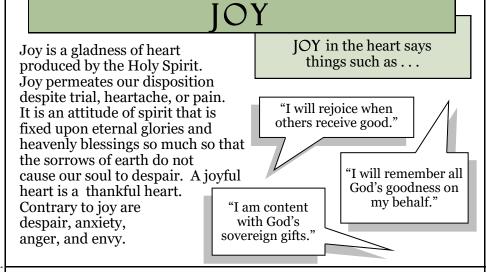
"I am unworthy to receive God's grace." Humility is an accurate esteeming of ourselves before God and man. It is the recognition of being unworthy to receive God's grace and mercy. A humble person is characterized by acknowledging and confessing sin, as well as willing submission to the Word of God, God's sovereign plans, and

God-given human authority. Humility lays down any perceived rights, plans, or desires.

"I acknowledge my sin before God and others."

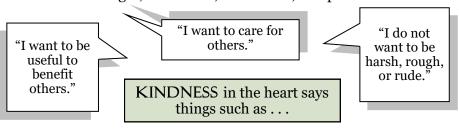
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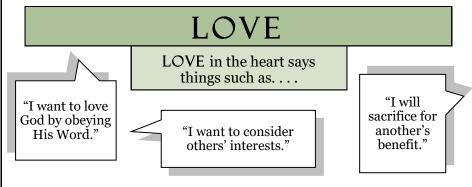
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#### **KINDNESS**

Kindness is a pervasive spirit of gentleness and servanthood that is shaped and molded by the Holy Spirit's indwelling power. It is motivated by sincere love for others. Kindness is similar to goodness, but goodness is the act of good works whereas kindness is the heart attitude behind the good works. Contrary to kindness are anger, bitterness, selfishness, and pride.





Love is a benevolence and goodwill toward others that is produced by the Holy Spirit. It is a deliberate affection and a friendly regard toward God and man that displays itself in purposeful acts of sacrifice and kindness. Contrary to love are anger, impatience, bitterness, and envy.

#### **MEEKNESS**

MEEKNESS in the heart says Meekness, also translated things such as . . . "gentleness," is primarily a response to God. It is a state of heart that not only acknowledges God's sovereign rule but, also embraces His sovereign rule as good. With meekness we do not blame God for undesirable circumstances, nor do we become angry with Him when we do not get our way. Meekness must come from the power of the Holy Spirit. Contrary to meekness are "God always does despair, anger, wrath,

impatience, anxiety,

fear, and envy.

"I will trust God's sovereignty in good to me." all things."

"I will not

dispute or resist

God's plans for

my life."

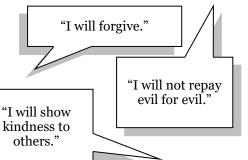
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## **PATIENCE**

Patience, or longsuffering, is forbearance shown toward others. It is a merciful restraint produced by the Holy Spirit that does not retaliate or give way to anger. Patience is love for others that shows selfcontrol, even when we are wronged. Contrary to patience are anger, wrath, pride, selfishness, and bitterness.

PATIENCE in the heart says things such as . . .



#### **PEACE**

Peace is a contented state of heart produced by the Holy Spirit. It is a tranquility of being that is not dependent upon our external circumstances. Peace embraces the very goodness of God in every situation and demonstrates a spirit of thankfulness and rest. Contrary to peace are anxiety, fear, envy, anger, and despair.



# SELF-CONTROL

"I will refrain from using my body to sin." SELF-CONTROL in the heart says things such as . . .

"I will give thought before I act." "I will deny myself."

Self-control, which is often translated "sober", is a sober-mindedness that gives thought before acting. Self-control, which is produced by the Holy Spirit, gives way to righteous desires rather than sinful desires. Having self-control is looking to future and eternal realities rather than indulging our immediate sinful impulses.

## **THANKFULNESS**

THANKFULNESS in the heart says things such as . . .

"I will not

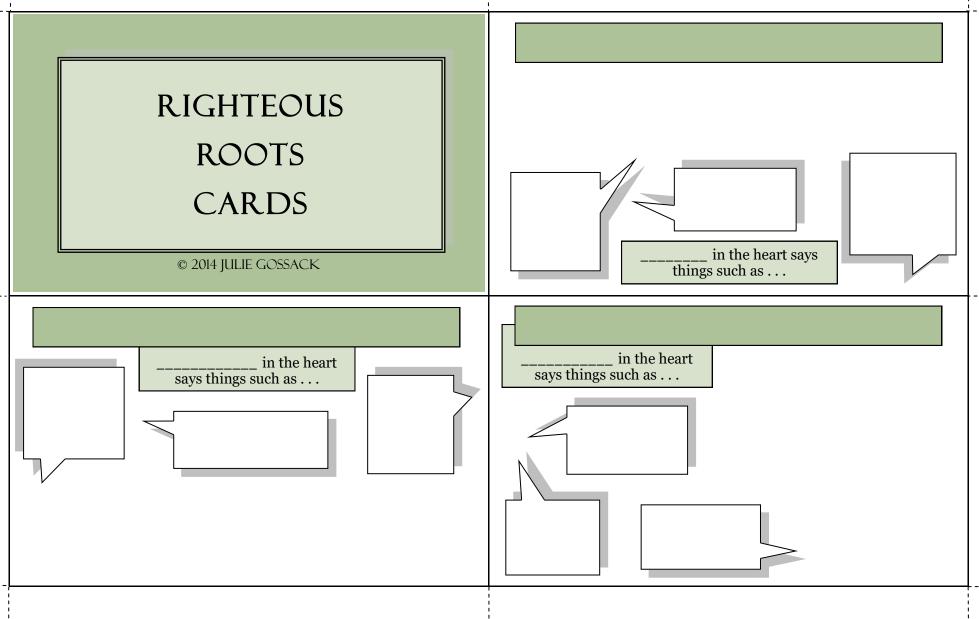
grumble or

complain."

"I will give thanks in all things." Thankfulness is a contented state of heart that expresses itself in words of praise and gratitude. It is a humble love offering to God that does not demand any perceived rights. A thankful heart is overwhelmed by the gracious gifts that flow from the mercy and goodness of God. Contrary to thankfulness are anxiety, selfishness, greed, envy, and pride.

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